

FALL FESTIVAL

Gold/Silver Timed Finals Meet

Saturday & Sunday: November 5 - 6, 2005

DeNunzio Pool, Princeton University

Faculty Road

Princeton, New Jersey 08540

Hosted by *Whitewaters Swimming*

* Sanctioned by New Jersey Swimming: # NJS110505SCY under NJ Procedures

FACILITY

Two eight-lane, 25 yard indoor pools with 9' minimum depth, equipped with electronic timing. A two-lane warm-up/cool-down tank will be provided throughout the meet. However, at the Meet Director's and/or Princeton University's discretion, this tank will be closed if swimmers do not adhere to safety procedures. There are bleachers to accommodate over 1,200 spectators. ***In compliance with Princeton's fire marshall codes, the facility will be cleared at the conclusion of each session.** Open parking lots are located adjacent to DeNunzio Pool on Faculty and Fitzrandolph Road.

MEET DIRECTORS/ENTRY COORDINATOR

Marilynn Cino: 24 Huntington Drive, West Windsor, NJ 08550; Eve Phone (609) 799-1332; E-mail marilynn.cino@comcast.net

Kathy Kalinowski: 165 Conover Road, West Windsor, NJ 08550; Eve Phone (609) 716-6717; E-mail jkalinowski@comcast.net

MEET REFEREE

Bruce Petersen: Phone (973) 921-2990; E-mail bruce.petersen@gs.com

ENTRY DEADLINE

Deadline for all entries is Wednesday, October 26, 2005. New Jersey LSC clubs will be given a priority on a first come/first serve basis for any entries received before Monday, 10/24. Teams from LSCs other than New Jersey will be entered on 10/24 in the order they were received. ALL entries received after 10/24 will be entered in the order they were received as space permits, regardless of LSC affiliation. Team entries will not be considered as accepted unless the waiver and entry fees have been received.

✉ Please mail your check/money order & entries to Marilynn Cino, 24 Huntington Drive, West Windsor, NJ 08550.

If you are not e-mailing your entries, then overnight or express mail is recommended, **but waive the signature.** It is not necessary to use overnight or express mail to send hard copy and check which are sent in support of an e-mailed entry.

INTERNET WEBSITE POSTING

The following pre-Fall Festival Meet information will be posted on www.whitewaters.com, the Whitewaters website:

- Downloadable Hy-Tek Events list (HYV.file)
- Teams whose entries have been received
- Team entries and "heat limited" event psyche sheets
- Updated meet schedule
- Warm-up Schedule and Team Warm-up Assignments
- Timing Assignments
- Individual Team Entry Status Report

The following post-Fall Festival Meet information will be posted on www.whitewaters.com, the Whitewaters website:

- Downloadable Fall Festival Meet results and individual team results (CL.2 file) and Downloadable Meet Back-up (Backup.Zip)

COACHES ELIGIBILITY

All coaches "on the deck" must be members of USA Swimming. Coaches must show coaching card for entrance to facility. Coaches must show coaching card before picking up any meet information or scratch sheets. Coaches must have coaching card visible at all times while on deck. Coaches must have a visible coaches' card when entering the hospitality area.

SWIMMER ELIGIBILITY

Only swimmers currently registered with USA Swimming and have met qualifying time standards are eligible. Age as of 11/5/05 will apply for the entire meet. All swimmers must be listed on a team's official entry form to be eligible to participate in the Fall Festival events and relays. **Unattached Swimmers:** Swimmers must stay unattached for a period of 120 days after their last attached competition. Swimmers must use an UN-(New Team Alpha Code) as their team affiliation. All Unattached Swimmers must be listed on the team's official New Jersey Verification Form! Age Group Events: 10 & Under, 11-12, 13-14, 15 & Over. ***The Fall Festival Meet qualifies as "one" of the three short course meets to be eligible for the New Jersey SC Zone Championship Team or for New Jersey National Championship Reimbursement.***

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ENTRY LIMITATIONS

Fall Festival (Gold/Silver Meet) Time standards: all swimmers must have Silver Qualifying Times (QT) for all events with the exception of the 13/14 & 15/Over distance events (400 IM/500 Free) which are *Gold* QT's. Swimmers are limited to three (3) individual events and one (1) relay per day. Heats may be limited if a session exceeds its timeline. Entries of teams and individuals will be refused on a last received basis regardless of whether the entries were received prior to the deadline. Deck entries will not be accepted.

MEET FORMAT

The Fall Festival Meet is a time final meet and will be run in accordance with 2005 USA Swimming rules. Meet seeding will be deck seeding with coaches checking in/scratching all swimmers. When the seeding has been posted, swimmers will report to the blocks on their own. Swimmers are required to be at the blocks for their events. This meet will be run using two pools divided among these age groups:

- Scoreboard Pool (Gold): Women's 10 & Under, 13-14, 15 & Over; Men's 10 & Under
- Dive Pool (Blue): Women's 11-12; Men's 11-12, 13-14, 15 & Over

The 500 Free will be swum fastest to slowest; swimmers must provide their own timers and counters.

MEET SCHEDULE

The DeNunzio Pool will be open at 6:30am on both days to swimmers, coaches, officials and spectators. The Fall Festival will have three sessions per day with the warm-up and start times listed below.

* COACHES WILL BE NOTIFIED IF ENTRIES REQUIRE TIMELINE CHANGES DUE TO THIS FORMAT *			
SATURDAY AM (Session I)		SUNDAY AM (Session IV)	
11/12 Women (Dive Pool)	7:00AM Warm Up	11/12 Women (Dive Pool)	7:00AM Warm Up
13/14 Women (Scoreboard Pool)	8:05AM Start	13/14 Women (Scoreboard Pool)	8:05AM Start
SATURDAY MID (Session II)		SUNDAY MID (Session V)	
10/U Women & Men (Scoreboard Pool)	12:00 PM Warm Up	10/U Women & Men (Scoreboard Pool)	12:00 PM Warm Up
11/12 Men & 13/14 Men (Dive Pool)	1:05PM Start	11/12 Men & 13/14 Men (Dive Pool)	1:05PM Start
SATURDAY PM (Session III)		SUNDAY PM (Session VI)	
15/Over Women (Scoreboard Pool)	5:00 PM Warm Up	15/Over Women (Scoreboard Pool)	5:00 PM Warm Up
15/Over Men (Dive Pool)	6:05PM Start	15/Over Men (Dive Pool)	6:05PM Start

WARM-UP PROCEDURES

Warm-up will be run in accordance to NEW JERSEY SWIMMING WARM-UP and SAFETY GUIDELINES. Warm-up procedures will be posted on www.whitewaters.com when all entries have been received. Warm-up procedures will include team/time assignments, lane assignments, pace lanes, general warm-up lanes and sprint lanes. The warm-up sessions will be two 30-minute warm-ups divided by teams with designated sprint lanes/pace lanes during the last 10 minutes. FEET FIRST ENTRY from the starting end of the pool during general and warm-up tank use. Swimmers diving or jumping from the bulkheads or diving from the ends into the 2-lane warm-up tank will be prohibited from further use of that tank for the duration of the meet! All general warm-up lanes will swim in a counterclockwise direction. New Jersey Swimming officials and Meet Marshals will monitor warm-ups.

ENTRY TIMES

All swimmers must have Silver Qualifying Times (QT) for all events with the exception of the 13/14 & 15/Over distance events (400 IM/500 Free) which are *Gold* QT's. New Jersey Swimming does not allow 'NT' or 'No Time' to be used as an entry time.

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CHECK-IN

Coaches' check-in sheets will be on deck at the designated table in front of the glass conference room. Swimmers should check in with their coach immediately upon arrival. Swimmers without a coach should report to the Announcer's Table (at the Scoreboard Pool). Once positive check-in is completed 30 minutes after start of warm-up times, the sessions will be seeded and heat sheets posted. Swimmers will be scratched from that day's events if they have not been checked in 30 minutes after start of warm-up times. Swimmers scratched due to failing to check-in will be allowed to swim at the discretion of the Meet Director and only if there is space in an already scheduled heat of that event. Check-in procedure: All check-in sheets must be turned into the scoring table (gold sheets to Scoreboard Pool Table; blue sheets to Dive Pool Table) 30 minutes before the start of each session. Swimmers that are swimming will have a line through their name. Swimmers that are being scratched will have their names circled with a "SCR" next to the circle. All relay events will have a positive check-in that will be posted at the corresponding Scoreboard Pool or Dive Pool scoring table.

STARTS

The host club will determine if 'Fly-over' or 'Over-the-top' starts will be used after a time line has been produced. This information will be posted in the pre-meet information.

HEAT LIMITED EVENTS

13/14 & 15/Over distance events (400 IM/500 Free) are *Gold* QT's only and will be limited to 5 heats. **Teams will be notified when swimmers have not made the top 40 slots for these distance events.** Psyche sheets for these events will be posted on www.whitewaters.com. All teams will be notified the status of their entries for these events. Swimmer options in these events:

- Swimmers below the 'heat limit' number will have the option of changing to another event.
- Swimmers can stay in these events with the possibility that scratches or the time line will allow the opportunity to swim.

In either case, if that swimmer is below the 'heat limit' number and does not swim, event fee will be refunded. Refunds will be given back at the announcer's table during the meet. Coaches will sign for their refund. It is the responsibility of the coach to collect their refund during the meet. Once the meet is over no more refunds will be given.

RELAYS

All relay cards **MUST HAVE THE CORRECT FOUR NAMES LISTED AND THE CORRECT ORDER** for that relay to be eligible. Coaches must turn in these relay cards prior to that relay swimming (from the start of two events prior to the start of the relay). As soon as all relay cards are returned, the relays will be seeded and posted.

SCORING

Team scoring will not be kept. Swimmers with Silver Entry Times will be scored separately from swimmers with Gold Entry Times.

AWARDS

Custom medals will be given to the top 3 finishers for each individual event in both the *Gold* and *Silver* divisions. Top 3 finishers (*Gold division only*) for the 13/14 & 15/Over distance events. Relay medals will be awarded to the top three teams in each event. Swimmers 19 and over will not receive awards. **Clubs are encouraged to pick up their medal bags immediately following the last session on Sunday. A \$20.00 mailing charge will be collected from teams who prefer to have their medal bags shipped.**

ENTRY FEE

Non-refundable fee of \$3.00 per individual event; \$8.00 per relay events. Make **team check or money order** payable to *Whitewaters Swimming*. \$30.00 fee will be assessed for returned checks. There will be refunds only for swimmers who no longer qualify for individual events.

ADMISSION/PROGRAM

Admission is \$5.00 per session. Complete program books will be sold on Sat @ \$10.00 and Sun @ \$7.00.

ENTRY PROCEDURE

In accordance with NJS policy, team entries may be submitted by E-mail to the Fall Festival Entry Coordinator, Marilyn Cino at marilynn.cino@comcast.net. All entries must be Hy-Tek program entries either on a 3 1/2" diskette or as an attached file to an e-mail. The Meet Entry Coordinator will respond to e-mail entries within 48 hours. If you do not receive an e-mail response within 48 hours, assume that your e-mail has not been received. It then becomes the e-mailer's responsibility to make sure that the Whitewater's Meet Entry Coordinator receives the e-mail. If you do not receive an e-mail response, you must contact the Entry Coordinator by e-mail or phone or mail in your entries. An Entry Summary with a signed NJ Swimming waiver and a check must accompany or follow each mailed entry. Accuracy of seed time is essential. Incomplete entries will not be accepted. Deck entries will not be accepted. No phone or fax entries will be accepted. Team entries will be posted on www.whitewaters.com.

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RESULTS

All participating Teams will receive Fall Festival final results according to what was checked off on the meet Summary sheet, e-mail or mailed disk. Meet results will be posted on www.whitewaters.com.

HOST CLUB RESPONSIBILITIES

Whitewaters will provide a single timer in each lane throughout the meet. Whitewaters will e-mail all club entries back to the participating clubs. Whitewaters will create a warm-up schedule that will be fair and equal to all teams. Whitewaters will create timing assignments that are fair and equitable with as many teams participating as possible. The warm-up schedule and timing assignments will be e-mailed to all participating clubs and posted on www.whitewaters.com no later than 72 hours before the meet.

PARTICIPATION CLUB RESPONSIBILITIES

Participating clubs must help with timing assignments. Timing assignment will be e-mailed to all participating clubs and posted on www.whitewaters.com no later than 72 hours before the meet. Participating clubs are asked to provide stopwatches for their timers. Participating club parents must stay off the pool deck except for timing assignments. Participating clubs should help with officiating whenever possible. USS certified officials who would like to work at this meet should call Harold Greenfield at hgreenf288@aol.com or (609) 844-1259 (Thank you!!).

CONCESSIONS

Breakfast, Lunch and Dinner food and drink items will be sold at the Jadwin Gymnasium, the building next to DeNunzio Pool. Hours will be 6:30am-8:00pm.

VENDORS

Northwest Design will have 2005 Fall Festival designed t-shirts and sweatshirts available and will be customized on-site. Amphibia Swimming & Triathlon Wear, Inc. will have a large variety of swim items such as competitive and practice swimwear, dragsuits, goggles, and much, much more.

HOTELS

Clarion Hotel Palmer Inn, 3499 Rt. 1 South, Princeton, (609) 452-2500
Harrison Conference Center, Princeton Forrestal Center, 900 Scudders Mill Rd (609) 936-4200 (Mention Whitewaters for a discount)
Holiday Inn Princeton, 100 Independence Way, Princeton, (609) 520-1200
Hyatt Regency Princeton, 102 Carnegie Ctr, Princeton, (609) 987-1234

REMINDER

Since we are guests of Princeton University, all swimmers, coaches, and other guests are expected to treat the facility with respect. It is the responsibility of each team to provide supervision for their swimmers when they are not swimming. Any swimmer found in restricted areas will be banned from the remainder of the meet. Also, no glass bottles, chairs, coolers or large packages will be allowed into the Pool.

DIRECTIONS

NJ Turnpike Take Exit 8 (Hightstown), follow signs for Princeton (133 West to Rte 571). Continue on Rte 571 across Rte 1. At the first light, make a right onto Faculty Rd. (*Proceed up hill, the pool will be on your left at the second driveway.)

Rte 1 Take Washington Rd (Rte 571) into Princeton. At first light, make a right onto Faculty Rd. (*)

**Instructions for driving to Princeton are available by telephone. For a recorded message, call 609-258-2222 using a touch-tone phone.

FALL FESTIVAL Day 1 Order of Events

Saturday, November 5, 2005

7:00 AM Warm-Up // 8:05 AM Start

Saturday AM Session I

Womens' 13/14 Events	Minimum QT Gold	Minimum QT Silver	Distance		Womens' 11/12 Events	Minimum QT Gold	Minimum QT Silver	Distance	
			Yards	Stroke				Yards	Stroke
1	2:25.49	2:33.89	200	IM	2	2:36.59	2:46.99	200	IM
3	57.89	1:00.89	100	Free	4	1:13.09	1:16.79	100	Back
5	2:28.59	2:46.99	200	Fly	6	28.69	29.89	50	Free
7	1:15.89	1:22.49	100	Breast	8	1:13.99	1:24.09	100	Fly
9	2:24.39	2:37.29	200	Back	10	37.89	40.69	50	Breast
11	NT	NT	200	F/R	12	1:02.49	1:07.49	100	Free
13	5:39.89	--	500	Free	14	NT	NT	200	F/R

Saturday Mid Session II

12:00 PM Warm-Up // 1:05 PM Start

Womens' 10/U Events	Minimum QT Gold	Minimum QT Silver	Age	Distance		Minimum QT Silver	Minimum QT Gold	Mens' 10/U Events
				Yards	Stroke			
15	2:42.39	3:04.29	10/U	200	Free	3:04.29	2:42.39	16
17	1:25.19	1:34.99	10/U	100	Back	1:39.19	1:27.19	18
19	32.79	34.49	10/U	50	Free	37.59	32.89	20
21	1:29.69	1:45.09	10/U	100	Fly	1:45.09	1:26.69	22
23	43.59	47.39	10/U	50	Breast	50.49	44.59	24
25	1:23.79	1:29.29	10/U	100	IM	1:36.69	1:25.19	26
27	NT	NT	10/U	200	F/R	NT	NT	28

Mens' 13/14 Events	Minimum QT Gold	Minimum QT Silver	Distance		Mens' 11/12 Events	Minimum QT Gold	Minimum QT Silver	Distance	
			Yards	Stroke				Yards	Stroke
29	2:21.59	2:36.49	200	IM	30	2:39.99	2:59.29	200	IM
31	55.69	59.99	100	Free	32	1:14.69	1:25.09	100	Back
33	2:22.69	2:40.59	200	Fly	34	29.19	31.29	50	Free
35	1:13.19	1:22.29	100	Breast	36	1:14.09	1:24.09	100	Fly
37	2:22.29	2:40.19	200	Back	38	38.49	43.19	50	Breast
39	NT	NT	200	F/R	40	1:04.29	1:10.39	100	Free
41	5:35.19	--	500	Free	42	NT	NT	200	F/R

Saturday PM Session III

5:00 PM Warm-Up // 6:05 PM Start

Womens' 15/O Events	Minimum QT Gold	Minimum QT Silver	Age	Distance		Minimum QT Silver	Minimum QT Gold	Mens' 15/O Events
				Yards	Stroke			
43	2:17.49	2:26.29	15/O	200	IM	2:20.29	2:07.39	44
45	55.99	58.69	15/O	100	Free	54.49	50.39	46
47	2:25.29	2:46.99	15/O	200	Fly	2:40.59	2:14.99	48
49	1:13.29	1:19.39	15/O	100	Breast	1:19.39	1:06.79	50
51	2:18.69	2:39.79	15/O	200	Back	2:40.89	2:07.79	52
53	NT	NT	15/O	200	F/R	NT	NT	54
55	5:26.49	--	15/O	500	Free	--	5:05.29	56

FALL FESTIVAL Day 2 Order of Events

Sunday, November 6, 2005

7:00 AM Warm-Up // 8:05 AM Start

Sunday AM Session IV

Womens' 13/14 Events	Minimum QT Gold	Minimum QT Silver	Distance		Womens' 11/12 Events	Minimum QT Gold	Minimum QT Silver	Distance	
			Yards	Stroke				Yards	Stroke
57	2:06.69	2:13.59	200	Free	58	1:12.39	1:16.39	100	IM
59	1:07.89	1:11.69	100	Back	60	32.39	34.39	50	Fly
61	26.79	28.09	50	Free	62	2:17.49	2:30.59	200	Free
63	2:44.89	3:05.89	200	Breast	64	33.89	35.69	50	Back
65	1:06.79	1:15.09	100	Fly	66	1:22.69	1:27.99	100	Breast
67	NT	NT	200	M/R	68	NT	NT	200	M/R
69	5:09.19	--	400	IM	70	6:06.29	6:30.99	500	Free

Sunday Mid Session V

12:00 PM Warm-Up // 1:05 PM Start

Womens' 10/U Events	Minimum QT Gold	Minimum QT Silver	Age	Distance Yards	Stroke	Minimum QT Silver	Minimum QT Gold	Mens' 10/U Events
71	3:03.79	3:27.39	10/U	200	IM	3:27.39	3:03.79	72
73	37.89	42.59	10/U	50	Fly	45.79	38.79	74
75	1:13.89	1:20.29	10/U	100	Free	1:23.19	1:14.09	76
77	38.99	41.09	10/U	50	Back	44.09	39.39	78
79	1:36.49	1:48.99	10/U	100	Breast	1:51.49	1:37.89	80
81	NT	NT	10/U	200	M/R	NT	NT	82

Mens' 13/14 Events	Minimum QT Gold	Minimum QT Silver	Distance		Mens' 11/12 Events	Minimum QT Gold	Minimum QT Silver	Distance	
			Yards	Stroke				Yards	Stroke
83	2:03.69	2:15.59	200	Free	84	1:13.89	1:21.79	100	IM
85	1:05.49	1:14.59	100	Back	86	32.69	36.89	50	Fly
87	25.49	27.49	50	Free	88	2:20.19	2:37.79	200	Free
89	2:39.19	2:58.49	200	Breast	90	34.49	37.79	50	Back
91	1:04.39	1:10.99	100	Fly	92	1:23.29	1:33.59	100	Breast
93	NT	NT	200	M/R	94	NT	NT	200	M/R
95	5:04.29	--	400	IM	96	6:09.29	6:40.99	500	Free

Sunday PM Session VI

5:00 PM Warm-Up // 6:05 PM Start

Womens' 15/O Events	Minimum QT Gold	Minimum QT Silver	Age	Distance Yards	Stroke	Minimum QT Silver	Minimum QT Gold	Mens' 15/O Events
97	2:01.79	2:08.29	15/O	200	Free	2:00.89	1:50.99	98
99	1:04.29	1:10.19	15/O	100	Back	1:05.19	59.19	100
101	25.59	28.69	15/O	50	Free	24.69	23.09	102
103	2:37.09	3:05.09	15/O	200	Breast	2:58.49	2:28.79	104
105	1:02.49	1:08.49	15/O	100	Fly	1:06.69	56.89	106
107	NT	NT	15/O	200	M/R	NT	NT	108
109	4:56.69	--	15/O	400	IM	--	4:42.09	110

**NEW JERSEY SWIMMING
FALL FESTIVAL 2005
SATURDAY AND SUNDAY, NOVEMBER 5th & 6th, 2005
WAIVER**

In consideration of acceptance of this entry, I/we hereby, for myself/ourselves, my/our heirs, administrators and assigns, waive and release any and all claims against USA-Swimming, **PRINCETON UNIVERSITY, AMPHIBIA SWIMMING & TRIATHLON WEAR, INC., NORHTWEST DESIGNS INK, INC. and WHITEWATERS SWIMMING** and their staff for any injuries and/or expenses occurred by me/us at the swim meet, or while on the road to and from the meet. I/we are bona fide amateur athletes and eligible to compete in all the events I/we have entered.

NAME OF CLUB: _____

USS CLUB ABBREVIATION: _____

SIGNATURE OF CLUB OFFICIAL, COACH, AND/OR PARENT OR GUARDIAN:

_____ (Print Name)

_____ (Signature)

_____ (Address)

_____ (Telephone)

NAME(S) OR COACH: _____

LOCATION OF CLUB: _____ (City) _____ (State)

NAME/PHONE #/E-MAIL ADDRESS of person to contact regarding this entry:

NAME/PHONE #/E-MAIL ADDRESS OF PERSON TO CONTACT REGARDING TIMERS/OFFICIALS:

NAME/PHONE #/E-MAIL ADDRESS OF PERSON TO RECEIVE FINAL RESULTS:

Meet results via e-mail

--or--

Meet results via disk/hard copy

.....

ENTRY FEE SUMMARY:

_____ Individual Event Entries @ \$3.00 = \$ _____

_____ Relay Event Entries @ \$8.00 = \$ _____

TOTAL ENTRY FEES = \$ _____

MAKE CHECKS PAYABLE TO: WHITEWATERS SWIMMING

New Jersey Swimming Inc.

Official Meet Verification Form

Club Name: _____ Club Code: _____

Club E-Mail Address: _____

Head Coaches Name: _____

Club Address: _____



NEW JERSEY SWIMMING

I hereby certify that all swimmers and coaches listed on the entry or hard copy with disk entries, for the **FALL FESTIVAL 2005** to be held on **NOVEMBER 5-6, 2005** are registered members of New Jersey Swimming/ United States Swimming. All United States Swimming numbers are correctly listed and, unless otherwise noted, are not required to swim unattached (UN) due to the 120-day transfer. Also I acknowledge that deck access is limited to coaches and/or officials working the meet and displaying their credentials.

Signature _____ Date _____
(Signature cannot be photocopied)

Article 302.4 of the USA Swimming Rules and regulations.

FALSE REGISTRATION: An LSC may impose a fine of up to **\$100 per event** against a member coach or a member club's representative signing a document which indicates a swimmer is registered with United States Swimming for a meet when that swimmer is not properly registered or eligible to compete for that club. This will be enforced by the LSC and the LSC will be entitled to the fines imposed.

LIST ALL UNATTACHED SWIMMERS:

Unattached Swimmer _____, Unattached Swimmer _____
Unattached Swimmer _____, Unattached Swimmer _____
Unattached Swimmer _____, Unattached Swimmer _____
Unattached Swimmer _____, Unattached Swimmer _____
Unattached Swimmer _____, Unattached Swimmer _____
Unattached Swimmer _____, Unattached Swimmer _____
Unattached Swimmer _____, Unattached Swimmer _____